

**Coach Mike McArthur (Coach Mac)** owns and **operate Gold Buckle Wrestling**. Gold Buckle Wrestling is dedicated to the sport of wrestling and the art of teaching and mentoring young men. Coach Mac is considered one of the best clinical technicians in the world and is able to get wrestlers to that next level.

[www.goldebucklewrestling.com](http://www.goldebucklewrestling.com)

### **Coaching Career**

- 1995 U.S. World Freestyle Wrestling Championships, Assistant Coach, Atlanta, GA.
- 1996 U.S. Olympic Freestyle Wrestling Championships, Assistant Coach, Atlanta, GA.
- 1998, 1999, 2000 U.S. World Cup Freestyle Coach
- 2002 U.S. Pan American Games, Freestyle Coach, Santa Domingo, Dominican Republic
- Head Coach of U.S. Athletes in Action Wrestling Team, 1985 - 1994.
- Director of U.S. AIA Team, 1988 - 1993,
- Assistant Coach, University of Minnesota, 1978,
- Assistant Coach, Oklahoma State University, 1982 - 1985,
- Volunteer Assistant Coach, (USAFA) United States Air Force Academy, 1993 to 2008

### **Wrestling Career Highlights**

- 2 Time Minnesota State Champion, Osseo H.S. 1972-73
- 1976 U.S. Olympic Freestyle Wrestling Team Alternate, Montreal, Canada.
- 1979 U.S. World Cup Freestyle Wrestling Team, Toledo, OH.
- 6 Time Minnesota State Greco Roman Champion, Junior & Senior Divisions, AAU & USWF
- 17 Time Minnesota State Freestyle Champion, Junior & Senior Divisions, AAU & USWF
- 2 Time Big Ten Champion, 118 lbs. 1976 - 77
- 3 Time NCAA All-American, University of Minnesota, 1975 - 1977,
- College Record, 149 - 18 - 1, at that time, 4th Winning Wrestler in NCAA History,
- Captain of University of Minnesota Wrestling Team, 1977.
- 3 Time Midlands Champion, 1976 - 78,
- 2 Time NCAA East - West All Star Winner, 1976 - 77,
- 1973 USWF Junior National Freestyle Champion, 114 lbs. Iowa City, IA.
- 1974 Junior World National Freestyle Champion, 114 lbs. St. Paul, MN.
- 6th Place, Junior World Championships, 114 lbs. 1974, Haskova, Bulgaria

- 1973 Junior Olympic National Freestyle Champion, 114 lbs. Lincoln, NE.
- 1973 Junior Olympic National Greco Roman Champion, 114 lbs. St. Cloud, MN.
- 2 Time Minnesota State High School Champion 1972 at 98 lbs. 1973 at 103 lbs.
- High School Record - 88-8-1, Osseo, MN.

#### **Other Honors**

- 1998 Dave Bartelma (Minnesota) Wrestling Hall of Fame Inductee,
- 1997 Midlands Wrestling Hall of Fame Inductee,
- 2003 Osseo, Minnesota High School Hall of Fame Inductee,
- National Director, Fellowship of Christian Cowboys, 1996 - 2005.
- Formerly, National Representative for Cowboy Church Fellowship.
- Member, Pikes Peak Range Riders & PPRR Pivots, 2002 to present.
- 2006 Team Excel Hall of Heroes Recipient.
- Currently Rocky Mountain Regional Director, FCA Wrestling Ministries